

MONTAGE Health

2018 ANNUAL REPORT





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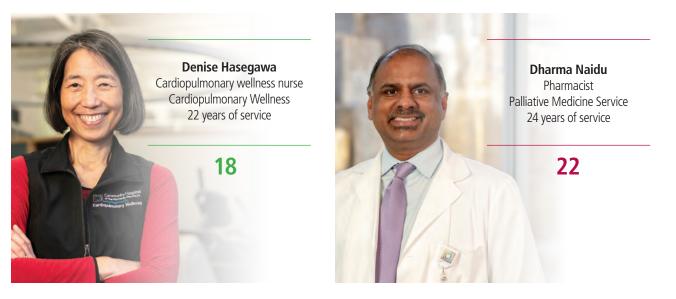
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Thomas Muir Community outreach program lead Community Health Innovations 3 years of service

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Providing compassionate, quality, innovative care doesn't just happen. It takes a team of skilled individuals who are dedicated to what they do, and more important, have a passion for who they are helping.

The five team members highlighted here are just a few of the more than 2,000 we have at Montage Health who do all it takes to make a difference in the lives of those they serve. Each team member brings commitment, empathy, skill, passion, and love to their job. The pictures on these pages capture these dedicated individuals supporting their real patients in real settings.

Montage Health joins these providers in our vision to help you, our community, improve your lives by delivering exceptional care and inspiring the pursuit of optimal health.

Best regards,

Steven Pecker My

Steven Packer, MD President and CEO

"Helping someone find their words for the first time, or be able to eat after a stroke is so rewarding. I am reminded each day that these things that we all take for granted are fragile."

– Laddie Erbele, speech language pathologist

Robert Moskowitz patient A stroke, a traumatic brain injury, a neurological condition ... those are the kinds of life-altering events that bring people to Laddie Erbele's world. Her job and her joy are helping them relearn the skills to get them where they can function and live life to their fullest potential.

Relearning the basics



Laddie Erbele is a speech and language pathologist at Community Hospital's William R. Lewis, MD, Inpatient Rehabilitation Unit (IRU). The unit provides rehabilitation services to individuals who have suffered an acute illness, injury, or accident, resulting in significant functional decline.

The IRU team

- Physiatrists
- Rehabilitation nurses
- Social workers
- Clinical dietitians
- Doctor of osteopathic medicine
- The other team your family

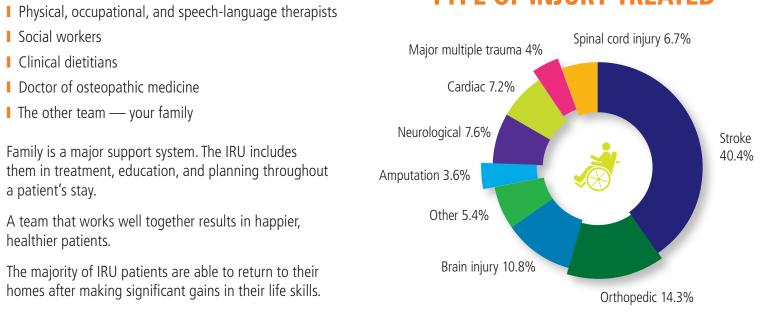
a patient's stay.

healthier patients.

chomp.org/iru

"The very best reward is when we have our reunions and our patients come up to us and are unrecognizable because they have progressed so far. To see people well and whole after they had felt so devastated is truly beyond words."

- Laddie Erbele, speech language pathologist

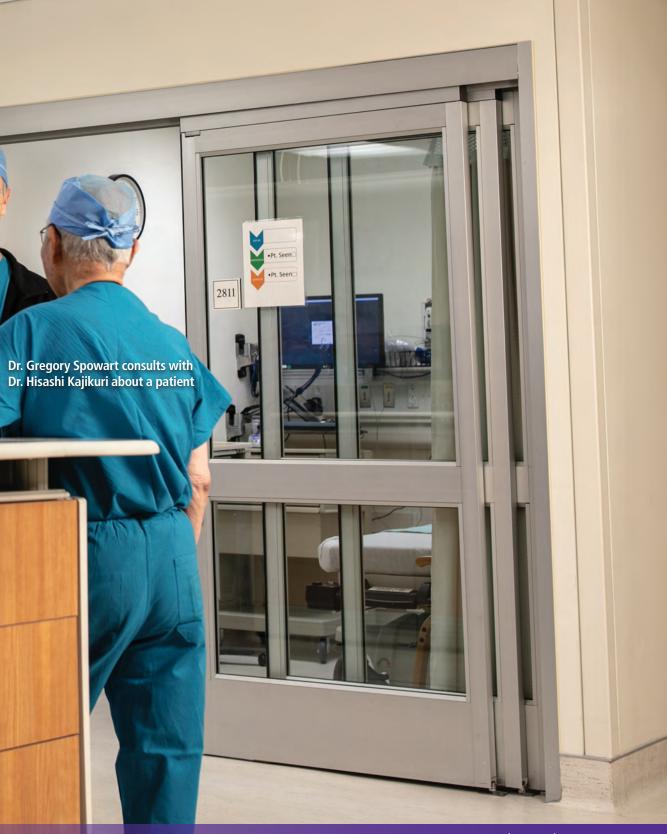


TYPE OF INJURY TREATED

"The blessing of cardiac surgery is that the patients are very grateful because the success rate is so high. We are making significant differences in people's lives."

– Gregory Spowart, MD

Not all hearts are created, or treated, the same. Some are damaged before birth. Others are compromised by heredity or impaired by lifestyle choices. No matter what brings them, and their owners, to the office of cardiothoracic surgeon Gregory Spowart, he provides the expertise that comes from years of training, decades of experience, and a passion for innovation.



Innovating as a team



After about 30 years performing coronary bypasses and repairing and replacing heart valves in the operating room, in late 2017 Dr. Gregory Spowart expanded his practice to the cardiac catheterization lab of Community Hospital's Tyler Heart Institute. There, Spowart joined a team replacing valves in a new, less-invasive way, through transcatheter aortic valve replacement (TAVR). Whether in the operating room, the cath lab, or any of the other areas that make up the Tyler Heart Institute, Spowart and others on our cardiac team provide the best in personalized, advanced care.

Tyler Heart Institute

Tyler Heart Institute brings together the full range of heart care, from prevention through recovery, with excellent results.

Advanced treatment for:

Coronary artery disease

Damaged valves

Newest technology and treatment

Watchman[®] device, implanted to prevent strokes in people with atrial fibrillation

chomp.org/heart

"The cardiac team is like a family. One that cares for each other and shares the same mission — to provide the best possible care we can for our patients."

- Gregory Spowart, MD

- **Prevention** Classes and lectures on nutrition, exercise, managing cholesterol, and more
- Diagnosis More than 30 doctors in various cardiac specialties and a full range of diagnostic tests

 - Atrial fibrillation and other arrhythmia
 - Structural issues such as a hole between the upper chambers of the heart
- Cardiac rehabilitation Our certified program helps people live life to the fullest and reduces the chances of a recurring cardiac issue



Micra[™] pacemaker, a very small pacemaker implanted in the heart, with no electric leads or wires



Transcatheter aortic valve replacement (TAVR), a minimally invasive way to replace a faulty heart valve



It's difficult to think about your health when having enough to eat and a safe, dry place to sleep are uncertainties, so Thomas Muir makes that his mission. Muir, a social worker at Community Hospital and its sister company, Community Health Innovations, takes his work to the streets, getting to know the community members experiencing homelessness and helping them on their terms.

Edward Jones homeless community member



Helping those experiencing homelessness

Most of my success stories have come from folks that I had built rapport with, and they trusted me enough to consider a change in their life situation."

- Thomas Muir, licensed clinical social worker

from many angles.

Mobile Health Clinic

With six regular stops on the Peninsula each week, the Montage Health Mobile Health Clinic serves those experiencing homelessness and those who have limited access to healthcare or an inability to pay by going to where they live or where they seek other services.

Multidisciplinary Outreach Team

Montage Health, the Monterey Police Department, Monterey County's District Attorney's Office, Behavioral Health, and Adult Protective Services, the YWCA, and others combine forces each week, working around the city to address issues at the core of homelessness in a non-punitive way.

Recurrent Visitor Program

People without ready access to healthcare, including those experiencing homelessness, often find themselves in a hospital emergency department, even for things that aren't emergencies. It's the most expensive way to get care, and it can drain resources needed for true emergencies. Community Hospital focuses on these "recurrent visitors," getting them the care and resources they need in an appropriate setting, and helping them focus on prevention and managing chronic illnesses.

Peninsula Homeless Exchange

Government agencies and community providers work together to align support and services for those experiencing homelessness.

Respite House

Community Hospital partners with Natividad Medical Center and Salinas Valley Memorial Healthcare System on Central Coast Respite Care, a six-bed house in Seaside for those experiencing homelessness, after they are released from a hospital. The program provides a clean and safe place for recuperation following hospitalization. The house is run by Community Homeless Solutions.

Thomas Muir is a licensed clinical social worker who specializes in trying to help those experiencing homelessness get back on track in life and in health. His workdays cover a lot of ground as he joins with others to address homelessness





"I get to work with people during a time when they are motivated to make lifestyle changes. I love supporting them in regaining confidence in the ability to exercise safely."

STAR TRAC

TR

– Denise Hasegawa, nurse

After a heart attack, heart surgery, or other "heart event," returning to life's everyday activities can be scary. That's where Denise Hasegawa comes in. She is part of the Cardiac Rehabilitation team, whose staff help patients learn to comfortably and safely build their stamina and confidence to do the things they love. Their accomplishments also reduce their chances of future heart issues.

caring for our hearts

Caring for our hearts



Caring for the hearts of our community doesn't stop with a surgery or a stent. Denise Hasegawa and the rest of the Cardiac Rehabilitation team work with heart patients, reducing their future risk for heart disease, maximizing their fitness and recovery, and managing their symptoms in a safe environment.

Hasegawa, a cardiac rehabilitation nurse, works with other registered nurses, exercise physiologists, and registered dietitians to help people who have had issues and procedures including:

- A heart attack
- Heart failure
- Angina

Each patient rehabilitation plan is personalized through a comprehensive program that includes:

Assessment

A comprehensive assessm by clinical staff for a perso treatment plan that takes

- Medical history
- Symptoms
- Functional capacity
- Risk factors
- Personal goals

chomp.org/heart

"I work with a great team of people; we try to make the program fun and upbeat for patients, and that makes the job fun."

– Denise Hasegawa, nurse

- Angioplasty or stent
- Coronary artery bypass surgery
- Valve repair or replacement surgery (including TAVR)

	Education	Monitored exercise
nent onalized 5 into account:	Patients learn about managing their heart condition, including:	Exercising while watching your heart's response to exercise is important. The team works with each person to identify:
	 Risk factors Nutrition Stress management Medication management Mental health Measurable goals 	 Safe exercises and progressive exercises Symptoms to watch A plan for exercising safely after care has ended

"The palliative team has a man named Dharma who seems to miraculously appear whenever I need a North Star. He is practical and magical."

– Daughter of a patient

When someone comes to the hospital with a life-threatening illness, they're usually worried about a lot more than their health. How will their family cope? Who will take care of their dog or cat? Will they be able to live on their own when it's time to go home? If their illness progresses, are they in a good place emotionally and spiritually? Dharma Naidu understands this. His training is as a pharmacist, but as a member of the palliative care team at Community Hospital, his work goes far beyond his clinical title. With each patient and family member he encounters, he is fully present, hearing and observing their needs and their fears, and providing comfort and care.

Theodore Calhoon family member, palliative care patient

Providing compassionate care

"Every patient is approached with a clean slate. 90 percent of our care is determined by connecting with the patient by listening to them empathetically."

– Dharma Naidu, pharmacist

Dharma Naidu is part of the Palliative Medicine Service, a team that cares for those who have a serious illness, and their families. Palliative care focuses on reducing the symptoms, pain, stress, and side effects related to the illness so patients can live more comfortably. Palliative care does not replace primary medical treatment; it works together with that treatment, providing an extra layer of support for physical, emotional, spiritual, and practical needs.

The team includes doctors, pharmacists, nurse practitioners, registered nurses, social workers, and chaplains a multidisciplinary mix intended to address a broad range of needs. A significant part of Naidu's role is pain management, but he treats the whole person and their family.



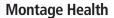
Community Hospital's Palliative Medicine Service has had advanced certification from the Joint Commission since 2014, when it was one of the first hospitals in California to earn the designation.

2018

1,391 inpatient stays 117 outpatients 2,400 advance-care planning documents scanned into patient medical records, enabling doctors and clinicians to understand the patient's end-of-life wishes

chomp.org/palliative

2018 LEADERSHIP



Community Hospital of the **Monterey Peninsula**

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Montage Health Foundation

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OUR ENTITIES



montagehealth.org

Montage Health, a nonprofit company, is a collection of entities designed to keep people healthy and connected. Preventive, restorative, palliative, and coordinated care. Many parts operating with a single, shared vision service that addresses the entire continuum of care.

Montage Health Vision Statement

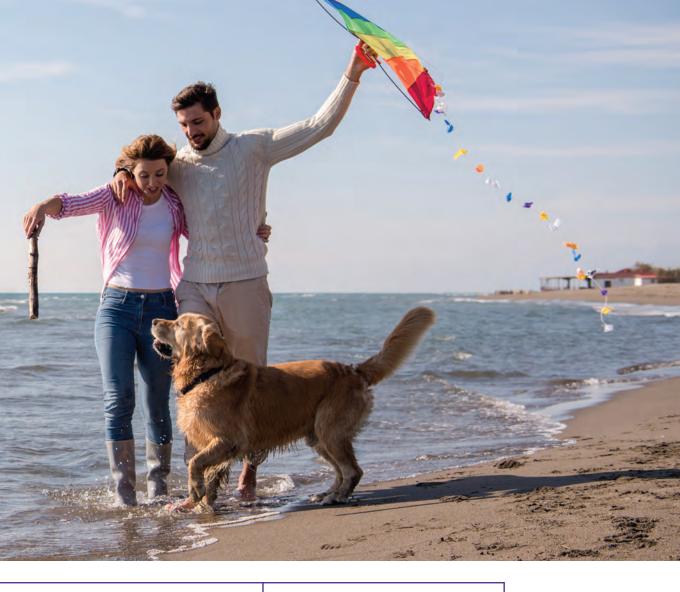
Improving Lives by Delivering Exceptional Care and Inspiring the Pursuit of Optimal Health















montage health

MONTAGE HEALTH **2018 ACCOMPLISHMENTS**

- Montage Health received a \$105.8 million gift to create Ohana, a groundbreaking approach to mental healthcare for young people
- Ohana director, Dr. Susan Swick, hired after national search
- Collaborative formed to reduce diabetes throughout Monterey County, led by Montage Health and Salinas Valley Memorial Healthcare System
- Montage Medical Group opened a 60,000-square-foot office in Ryan Ranch, bringing the total number of doctors recruited to 49

- Recruitment packages provided to 16 new Montage Medical Group doctors
- Community Hospital's inpatient diabetes care earned advanced recertification from the Joint Commission, the leading hospital accreditation organization
- Community Hospital earned advanced recertification from the Joint Commission for stroke treatment and care
- Community Hospital earned advanced recertification from the Joint Commission for inpatient palliative care

- Montage Health's mobile clinic expanded to six weekly sites to provide healthcare to those experiencing homelessness and others who are underserved
- Aspire Health Plan turned 5 and earned 4 stars from Medicare for its care and service
- Community Hospital's Inpatient Rehabilitation Unit celebrated its 5th anniversary and was named in honor of neurosurgeon William R. Lewis, MD

- Montage Health Foundation raised \$13.4 million to support Montage Health programs and awarded more than \$6 million in grants
- Prescribe Safe was instrumental in lowering the county death rate from opioid overdoses to the third lowest in the state. It also placed drug-disposal bins throughout Monterey County and provided training and medication to first responders to reverse opioid overdoses



- Community Hospital received an 'A' rating for patient safety from the Leapfrog Group, a healthcare rating organization
- Montage Health acquired a new apartment complex in Monterey to provide housing to assist in recruitment of doctors and clinicians in hard-to-fill positions
- Community Hospital's Tyler Heart Institute launched its structural heart program, with new procedures including transcatheter aortic valve replacement (TAVR) without open-heart surgery and began implanting leadless pacemakers

- Epic, a sophisticated electronic health record, was implemented throughout Montage Health, to deliver more seamless, comprehensive care and share it with other providers
- MyChart patient portal launched, giving patients easy, secure access to their personal health information
- Community Hospital again earned elite 5-star overall rating from the Centers for Medicare and Medicaid Services



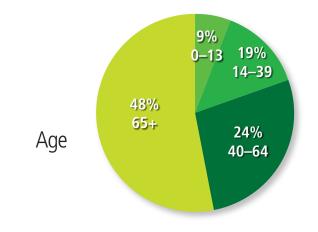
chomp.org

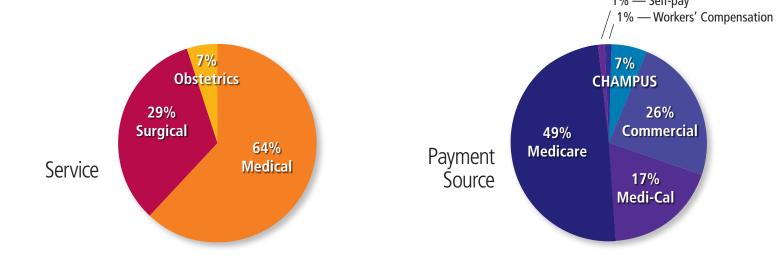
Since 1934, Community Hospital of the Monterey Peninsula has cared for people from birth to end of life and everything in between. Patients can expect the best care available, inside the hospital or at any of our outpatient settings.

LICENSED BEDS Community Hospital Westland House ADMISSIONS	258 28
Community Hospital	12,669
Westland House	798
Births	1,090
Emergency visits	53,347
Outpatient visits	348,364
SURGERIES Inpatient Outpatient	4,119 3,554
EMPLOYEES	2,348
MEDICAL STAFF	487
VOLUNTEERS Auxiliary adults/collegiates Auxiliary juniors Hospice of the Central Coast Chaplain Services, clergy Chaplain Services, non-clergy Therapy dogs	273 142 70 16 22 34









community hospital of the monterey peninsula



montagemedicalgroup.org

By recruiting the best and most-needed doctors for our community, Montage Medical Group provides access to affordable and highly reliable care and caring.

Number of doctors	49
Additional employees	108
Offices	7
Patient visits	102,866

SPECIALTIES

Cardiology Clinical psychology Endocrinology Family medicine Infectious disease Internal medicine Neurology Obstetrics/gynecology Palliative care Physical medicine and rehabilitation Psychiatry Pulmonology Sleep medicine Urology





- Opened its largest medical office building, at Ryan Ranch, in May and has 13 doctors practicing at that location
- Added 22 new doctors to the group to provide additional care and access to healthcare for the community



montagehealthfoundation.org

Montage Health Foundation engages the community through philanthropy and volunteerism, all focused on improving health and the healthcare experience. The foundation awards grants to help support a broad range of programs, services, and initiatives — from healthcare for those experiencing homelessness to innovative technology usually found only at academic medical centers. The foundation also oversees part of Montage Health's corps of volunteers, more than 500 community members who enhance the highquality care provided by our professional team.

Grants funded by Montage Health Foundation in 2018 Hospital programs and services \$2,208,945 Doctor recruitment and engagement \$2,007,200 Community health \$1,770,178 Education and scholarships \$157,367





Montage Health Foundation partners with people and organizations whose generous support helps make positive impacts on the community's health in meaningful, measurable ways through programs offered by Montage Health. The foundation's partnership with Dr. William Lewis perfectly embodies that. For decades, Lewis cared for the community as a neurosurgeon. He and his wife, Duncan, have continued that legacy of care with contributions in support of the Inpatient Rehabilitation Unit (IRU), which serves many people who have had traumatic brain injuries. In honor of that philanthropy, the IRU in 2018 was named the William R. Lewis, MD, Inpatient Rehabilitation Unit.



aspirehealthplan.org

As the only locally owned and operated health plan, Aspire Health Plan's sole purpose is to improve care and coverage for the Monterey County community. The focus is on access to care, coordination of care, and ensuring members receive the best value.

Employees	48
Contracted/partner staff	150
Medicare Advantage members	4,200
Commercial health plan members	34,000



2018 HIGHLIGHT

- Aspire Health Plan Medicare Advantage plans have more than 4,200 members and are growing every month
- Aspire's claims administrator, Coastal TPA, now serves more than 34,000 people covered by employer-sponsored health plans
- Aspire added a gym benefit that includes Montage Wellness Center and home fitness kits for those who exercise at home
- Aspire added two supplemental enhanced benefit packages that include meals following hospitalization, hearing aids, dental, vision, and additional transportation



communityhealthinnovations.org

Community Health Innovations is wellness integration at its best, bringing together patients, healthcare providers, community resources, and local and national partners — all along the continuum of care. It's called integrated population management. What it means to us is linking all parts of the healthcare system to provide the right care and optimal patient experience at the lowest cost.

41 employees

Patients reached

2,750 after discharge from hospital
1,770 with complex medical conditions
560 screened at wellness fairs
1,110 enrolled in health coaching
5,500 patients served



In Monterey County, an estimated 12 percent of residents (about 28,000 people) have diabetes and another 45 percent (105,000 people) are estimated to have prediabetes, and many do not know they have it.

To reduce these alarming numbers and improve the community's health, the directors of Community Health Innovations (CHI) approved the 2019 diabetes collaborative strategic plan. It provides prevention and education, screening, referrals, and other resources.

The Diabetes Collaborative is working to join forces with industry partners to have real and lasting impact on the lives of Monterey County residents.



montagewellnesscenter.com

With locations in Marina and Salinas, Montage Wellness Center keeps our communities healthy and active, offering expansive fitness equipment, warm-water therapy and lap pools, group exercise classes, and customized personal training by certified professionals. Additionally, medically supervised rehabilitation and wellness programs help individuals recover from chronic illnesses and injuries.

Marina members	2,796
Salinas members	1,084
Employees	49
Square feet of both centers dedicated to	
our community's health	43,662





Montage Wellness Center (Marina and Salinas) introduced new programs for its members and the community

- Better U lecture series covers topics specific to exercise, fitness, and keeping people "well." Lectures are at both facilities and have had more than 500 attendees
- Fitter U strength training program, a 6-week individualized program, is offered at both facilities
- BurnZone programming was introduced in Salinas. This group fitness program includes a cardio-strength training workout with heart rate monitors that track members in real time



FINANCIALS

MONTAGE HEALTH **2018 FISCAL YEAR**

32% Supplies

services

and

temporary

staff

Statement of Consolidated Operations

	We billed patients for: Inpatient general care Inpatient allied services Outpatient allied and professional services
OPERATING EXPENSES	We also received revenue from: Donations and investment earnings Health plan activities
4.2% — Medical claim expense	Community Health Innovations.
6% — Depreciation	Montage Wellness Center
.8% — Interest	Other business activities
	Total gross revenue
	However
56.9%	Government and commercial insurance failed to pay
32% Employee	Administrative adjustments
Supplies wages,	Patients failed to pay (bad debt)
and benefits,	Charity care provided

We also received revenue from:	
Donations and investment earnings	45,124,000
Health plan activities	34,498,000
Community Health Innovations.	4,472,000
Montage Wellness Center	3,625,000
Other business activities.	35,995,000
Total gross revenue	1,998,361,000

\$416,942,000

788,724,000

668,981,000

Government and commercial insurance failed to pay Administrative adjustments Patients failed to pay (bad debt) Charity care provided	1,249,469,000 23,185,000 12,228,000 11,918,000
Total we did not collect	1,296,860,000
Total net operating revenue	701,501,000
We had operating expenses for:	
Employee wages, benefits, and temporary staff	358,561,000
Supplies and services	201,861,000
Medical claims	26,606,000
Depreciation	37,904,000
Interest	5,084,000
Total operating expenses	630,016,000
Amount retained for improvement	

of services and facilities \$71,485,000

Assets

Current

Limited as to

Other

Liabilities

Current

Long-term

Net assets

Balance Sheet

TAL NET ASSETS	1,029,205,000	
thout restrictions	765,423,000 263,782,000	
	461,712,000	
tal		
5		
st-retirement health obligation	35,610,000	
nsion benefit obligation	82,027,000	
ng-term debt	173,902,000	
tal	144,842,000	
her current liabilities	115,220,000	
counts payable	29,622,000	
TAL ASSETS	1,490,917,000	
tal	526,222,000	
-		
her investments and receivables	36,595,000	
tal	729,951,000	
her	729,000	
nor restricted	251,033,000	
r capital replacement and expansion	478,189,000	
tal	234,744,000	
her current assets	88,195,000	
t accounts receivable	101,750,000	
	her current assets	t accounts receivable 101,750,000 her current assets 88,195,000 tal 234,744,000 capital replacement and expansion 478,189,000 nor restricted 251,033,000 ner 729,000 tal 729,951,000 ter investments and receivables 36,595,000 ter investments and receivables 5,966,000 tpoperty, plant, and equipment 483,661,000 tal 526,222,000 TAL ASSETS 1,490,917,000 counts payable 29,622,000 trail 144,842,000 reg-term debt 173,902,000 tal 173,902,000 tal 173,902,000 tal 144,842,000 trail 136,870,000 tal 316,870,000 tal 36,782,000



COMMUNITY BENEFIT FUNDS AND VOLUNTEER HOURS

Every year, Community Hospital puts millions of dollars and thousands of hours back into the community to meet healthcare needs and support local organizations. In 2018, we spent more than \$171 million and devoted 15,284 volunteer hours under the hospital's Community Benefit program. We filled in the financial gaps for the care provided that isn't fully covered by insurance or government programs and for patients who have few or no resources.

	Funds	Volunteer hours
IMPROVING ACCESS TO CARE Charity care, recruitment of community doctors, covering costs not paid by Medicare and other government programs, etc.	\$166,130,701	4,101
HEALTH EDUCATION AND WELLNESS Health fairs, family and patient education and counseling, scholarships, etc.	\$3,327,720	2,424
BUILDING HEALTHY COMMUNITIES Supporting community events, donating supplies to organizations in need, etc.	\$1,317,156	6,773
SPECIAL CARE FOR SPECIAL NEEDS Mental health information and referrals, chemical dependency assessments, bereavement programs, etc.	\$779,148	1,986
TOTAL	\$171,554,725	15,284



To see all the details of our Community Benefit program, go to chomp.org/communitybenefit

community benefit

Community Hospital worked with the following organizations in 2018 to improve the health of the community as part of its Community Benefit program.



BUSINESS ORGANIZATIONS PARTNERS AND RECIPIENTS

AT&T Pebble Beach National Pro-Am Tournament Bojuka Ryu School of Martial Arts California Highway Adoption Company Carmel Tasting Room Chamisal Tennis & Fitness Club The Club at Crazy Horse Ranch Del Monte Aviation-Monterey FBO Del Monte Shopping Center Digital First Media News Service Forest Hill Manor Hahn Family Wines ITD Building KION TV KSBW TV Lucky Supermarket Lyon Software, Inc. Meadowbrook Swim and Tennis Club Monterey Bay Kayaks Monterey Bay Sea Otters Dive Club Monterey County Herald

Monterey Jet Center Monterey Peninsula Country Club The Natividad Nursery Club at Crazy Horse Ranch Natividad Nursery Nicklaus Club – Monterev Pacific Grove Golf Links Pacific Meadows Senior Housing, L.P. Plant Tape USA Poppy Hills Golf Course Santa Lucia Preserve Steinbeck House Restaurant Tanimura & Antle Three-Star Lettuce Gonzales Tribune Content Agency Twin Creeks Golf Course VGS Carton Yard

COMMUNITY GROUPS AND NON-PROFIT ORGANIZATIONS PARTNERS AND RECIPIENTS

AIM for Mental Health Amateur Radio Group of Monterey Animal Friends Rescue Project Aromas Bible Church and Preschool Aromas Grange Bethlehem Lutheran Church Big Sur Land Trust Big Sur Marathon Foundation Blind and Visually Impaired Center Boys and Girls Clubs of Monterey County Buddhist Temple of Salinas California Product Stewardship Council Calvary Baptist Church Carmel Foundation, The Carmel Valley Kiwanis Club Carmel Valley Manor Carmel Youth Center CASA of Monterey County **Catholic Charities** Center for Employment Training Child Abuse Prevention Council of Monterey County Christian Church of Pacific Grove

Church of the Good Shepherd Ciclovia Gonzales Community Church of the Monterey Peninsula Community Emergency Response Team Community Homeless Solutions Community Partnership for Youth Community Reuse Network Compass Church Covenant Presbyterian Church Digital Nest Ecology Action El Estero Presbyterian Church Elk's Lodge, Monterey First 5 of Monterey County First Baptist Church First Presbyterian Church First Tee, Salinas First United Methodist Church Food Bank for Monterey County Franciscan Workers of Junipero Serra Gateway Center of Monterey County, Inc. Gathering for Women Girl Scouts, Monterey Bay Chapter Greater Victory Temple Habitat for Humanity Mount Nebo Missionary Church MY Museum

Northminster Presbyterian Church, Salinas Pebble Beach Zombie Race and Emergency Preparedness Fair Rancho Cielo Youth Campus Safe Place Salinas Valley Community Church Salvation Army Monterey Peninsula Corps Second Harvest Food Bank Shoreline Community Church Soroptimist International of Carmel Bay SPCA of Monterey County St. Joseph's Church St. Jude's Church and Shrine Twin Lakes Church Unitarian Universalist Church of Monterey United Way of Monterey County University Village Apartments Veteran's Transition Center YMCA of the Monterey Peninsula YMCA of Monterey County YMCA of North Monterey County YMCA, Salinas Community YMCA, San Benito County YMCA, South Monterey County YMCA, Watsonville Family



EDUCATIONAL ORGANIZATIONS PARTNERS AND RECIPIENTS

A.T. Still University Alisal Union School District All Saints' Day School Aromas-San Juan Unified School District Cabrillo Community College California State University, Monterey Bay Carmel Unified School District Central Coast College Chartwell School & The New High School Project Greenfield Unified School District Hartnell Community College Head Start, Salinas – Monterey County Office of Education HealthImpact Humboldt State University International School of Monterey King City Unified School District Lagunita Elementary School District Loma Linda University Middlebury Institute of International Studies Monterey Bay Aquarium Research Institute Monterey County Office of Education Monterey Peninsula College Monterey Peninsula Unified School District Naval Postgraduate School

North Monterey County Unified School District Notre Dame High School Outward Bound California Pacific Grove Museum of Natural History Pacific Grove Unified School District Pajaro Valley Unified School District Palma High School Rocky Mountain University Salinas City Elementary School District Salinas Union High School District San Antonio Union School District San Ardo Union Elementary School District San Carlos School, Monterey San Lucas Union Elementary School District Santa Catalina High School Santa Rita Union School District Soledad Unified School District Spreckels Union School District Stevenson School University of California, San Francisco University of New Hampshire University of the Pacific Washington Union School District Western University of Health Sciences York School

PARTNERS AND RECIPIENTS

HEALTH-RELATED ORGANIZATIONS

ALS Association Alzheimer's Association American Bone Health American Cancer Society American Heart Association American Medical Response American Parkinson Disease Association American Physical Therapy Association American Red Cross Arthritis Foundation Balance Physical Therapy Beach Flats Health Center Big Sur Health Center Breast Cancer Assistance Group of Monterey County California Physical Therapy Association Central Coast Quality of Life Programs Coastal Kids Home Care Dientes Community Dental Care Doctors on Duty Eden Valley Care Center Elderday Adult Day Health Care Healthcare Foundation of Northern and Central California Healthy Mothers, Healthy Babies Hospital Council of Northern and Central California Laurel Family Practice Clinics

Medshare International Montage Health Mobile Health Clinic Monterey Bay Sleep Center Monterey Peninsula Dental Group Monterey Peninsula Pediatric Medical Group Monterey Prescribe Safe Monterey Spine and Joint Center Natividad Medical Center Nurses Improving Care for Health System Elders Pacific Grove Convalescent Hospital Pacific Rehabilitation and Pain Park Lane Senior Residence Pulmonary Associates of the Monterey Peninsula, Inc. Relay for Life, Monterey Rite Aid Pharmacy Rotacare Bay Area Inc. Salinas Dialysis Center Salinas Valley Memorial Healthcare System Salinas Valley Plastic Surgery Associates Soledad Community Healthcare Sun Street Center Sunrise Care Center Vantage Eye Center Vantage Surgery Center Walgreen's Watsonville Community Hospital



PARTNERS AND RECIPIENTS

PUBLIC AGENCIES

Agricultural Commissioner's Office Association of Monterey Bay Area Governments (AMBAG) Cal Fire – California Department of Forestry & Fire Protection California Department of Fish and Game California Highway Patrol Carmel Regional Fire & Ambulance Authority City of Monterey City of Pacific Grove City of Seaside King City Marina Department of Public Safety Marina PAL Marina Police Department Mission Creek Station, Jolon Monterey Bay Unified Air Pollution Control District Monterey County Child Support Services Monterey County Department of Health Monterey County Department of Health-Clinic Services Bureau Monterey County Department of Housing Monterey County Juvenile Hall Monterey County Office of Emergency Communication 911 Monterey County Office of Emergency Services

Monterey County Probation Department Monterey County Public Health Preparedness Monterey County Sheriff Search and Rescue Monterey County WIC Program Monterey Peninsula Regional Park District Monterey Police and Fire Departments Monterey Regional Airport Monterey Regional Waste Management District Monterey–Salinas Transit NSA Monterey Office of Emergency Management Pacific Grove Police Department Pebble Beach Fire Department Presidio of Monterey Fire Department and Emergency Management Prunedale Senior Center Salinas Municipal Pool Salinas Sports Complex and Rodeo Salinas Valley Solid Waste Authority Sand City Santa Cruz Metropolitan Transit District Seaside Police and Fire Departments Soledad Mission Recreation District



MAKING AN IMPACT MONTAGE HEALTH FOUNDATION + YOU

Your gifts to Montage Health Foundation make measurable differences in Montage Health's ability to improve the health of our community. Here are a few ways your donations are making an impact.

Access to Healthcare

Access to healthcare means a lot more than being able to see a doctor — though that's part of it. With donor support, Montage Health Foundation provides grants to Community Hospital to educate nursing students, provide special training for nurses joining the Emergency department, and for care for people who can't afford it. To help ensure community members can see a doctor when they need one, the foundation has an initiative to recruit and retain the best and brightest doctors for Montage Medical Group and Community Hospital.

Ohana

After a nationwide search in 2018, we welcomed Susan Swick, MD, MPH, as physician in chief of Ohana, our mental health program for children and young people. Swick, an innovator in the field of child and adolescent behavioral health, will lead this transformational program, supported by a \$105.8-million gift from Bertie Bialek Elliott. Swick is a clinical psychiatrist who completed her training at Columbia University and Harvard Medical School. After joining Montage Health in October, she began meeting community leaders and clinicians and making plans for Ohana, a program of Community Hospital.





Women's Health

Women historically put others first when it comes to healthcare. With your help, we are planning a Montage Health women's health initiative, focused on the needs and interests of women of all ages and circumstances, from adolescence to child-bearing years to menopause to end of life. We are talking to women in the community to help us identify the biggest needs. We are also planning a new Carol Hatton Breast Care Center at Ryan Ranch, with groundbreaking expected in fall 2019.

Community Health

Montage Health Foundation supports Montage Health's work to improve the community's health in many other ways, including:

The Mobile Health Clinic, caring for those experiencing homelessness and other underserved residents, now has six stops to provide healthcare in locations where individuals can most easily access it

Opioid-related deaths in Monterey County continue to fall, thanks in large part to the efforts of the Monterey County Prescribe Safe Initiative, a collaboration led by Montage Health and Drs. Reb Close and Casey Grover of Community Hospital's Emergency department. Monterey County now has the third-lowest rate of opioid deaths among California counties

Kids Eat Right, Community Hospital's free, hands-on nutrition program for students, is going to 4th-grade classes all over Monterey County to teach better exercise and eating habits



General Needs

Donors to Montage Health Foundation's general needs fund have helped bring innovative technology to Community Hospital to treat patients with irregular heartbeats, advance the microbiology capabilities in the hospital's lab, provide heart-starting Automated External Defibrillators (AED) to schools and organizations throughout Monterey County, and much more. These funds help Montage Health stay at the forefront of healthcare and enable our clinical experts to realize opportunities to advance what they do. General funds are also critical to meet the unexpected needs and opportunities that arise for every nonprofit organization.



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